



WILL YOU TAKE UP THE CHALLENGE AND SLEEP ROUGH FOR ONE NIGHT?

Join our Vinnies School and Community Virtual Sleepout on Friday 7th August 2020, commencing at 6pm EST.

WHAT IS IT ABOUT:

The Vinnies Sleepout allows participants to get a glimpse of the realities of homelessness on a personal level by 'sleeping rough' for one night. The Sleepout provides a unique insight into the complex issues that people experiencing homelessness and disadvantage can face and encourages community members to gain a deeper understanding. This is a virtual event where participants can participate online. There will be a range of guest speakers throughout the evening as well as recommended tasks to allow participants to achieve the full experience. Together, we have the power to shape awareness and inspire action within our community.

WHAT IS INVOLVED:

The night will involve participants (school or community group) getting a first hand experience by replicating similarly what a night in the life of someone experiencing homelessness may go through. This can be done either individually or as a small group. Participants are also encouraged to undertake activities such as preparing soup prior to the event to heighten their experience as this is a meal commonly served from our Soup Van Services to those in need.

WHAT YOU WILL NEED:

A place to sleep, bedding, warm clothes, a torch and an alarm (preferably not a phone alarm or phone torch). We recommend setting up to sleep on a lounge room floor or even in a tent in the backyard!

HOW TO PARTICIPATE:

1. Register at: <https://www.surveymonkey.com/r/668F9W3>
2. Go to the 'Vinnies Youth Tas' Facebook page and click on our LIVE VIDEO at 6pm to join in

The St Vincent de Paul Society Tasmania Inc. takes no responsibility for the wellbeing or safety of participants due to this event being 'virtual' in nature. It is an expectation that all participants under 18 have a parent/guardian overseeing them and the event. Although we encourage participants to get a true sense of what it may be like to experience homelessness, such as sleeping outside, the safety and health of each participant must at all times take precedence. Please note, all participants under the age of 18 must have guardian consent to register for the event.